

Women & Infants
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Fertility Forum

December 2017



Rediscover the Joy of the Season

Friends & family don't always understand the toll of having infertility during the holidays and can say the wrong thing. So how do you navigate festivities without losing your holiday spirit?

Our doctors' bite-size advice

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Foods for Your Fertility

No, Mom's pie didn't make the list. But if your goal is to get pregnant in the new year, there are a few foods you should be eating.

The right diet



Breaking Treatment Barriers

Thanks to a new RI law, insurers now cover fertility preservation for cancer patients. Our New England Journal of Medicine editorial examines the law's impact.

Change is still needed



Eden Cardozo, MD

"I love connecting and building relationships with my patients. I consider us a team, and working together with my patients to achieve their goals is the most rewarding part of my job."

[Meet Dr. Cardozo >>](#)



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