Our Birth Partnership
Planned Cesarean Birth

At Women & Infants Hospital, we know how important it is to support your birth preferences while maintaining a safe outcome and positive experience for you and your family. We want to partner with you and your family during your pregnancy to learn about what is most important to you. We encourage you to talk with your care provider about your preferences over the course of your pregnancy, and work together to create and update your birth partnership as your delivery approaches.

My name is: __________________________ I prefer to be called: __________________________

My labor support people are: ________________________________________________________

My doctor/midwife is: __________________________ My baby’s doctor is: __________________________

During my labor and birth, these things are important to me:

________________________________________

These are the things I am worried about:

________________________________________

These are the cultural, religious, or personal preferences that are important to me:

________________________________________

The things that help me relax include:

________________________________________

These things are important to me after delivery:

________________________________________

My infant feeding plan is:

________________________________________

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________________________________________

In the operating room, I would be interested in the following:

☐ My support person having skin-to-skin contact with my baby if I am unable to do so
☐ Bringing my own music
☐ Dimmed room lights with the exception of the OR lights for my obstetrician
☐ My support person cutting (trimming) the umbilical cord
☐ Taking part in a private cord banking program

Name of program:

________________________________________

Notes:

________________________________________

________________________________________

We look forward to caring for you and your family during you labor, delivery, and postpartum period. For more information, visit www.womenandinphants.org/having-a-baby.