



**BUTLER
HOSPITAL**

The Adolescent Partial Program

What is the Adolescent Partial Program?

Butler's Adolescent Partial Program is a level of care designed to serve adolescents, ages 13 to 17, who are struggling with depression, anxiety, or other mood-related symptoms that are seriously impacting function and/or safety but do not require inpatient hospitalization for stabilization.

The Adolescent Partial Program (PHP) consists of:

- Four (4) group therapy sessions a day
- Daily private check-ins with a therapist
- Medication management meetings with a board certified child and adolescent psychiatrist on the first day, the last day, and in between as needed

The program requires participation Monday through Friday from 9:00 a.m. - 2:00 p.m., for five (5) consecutive business days.

First day start time is 7:30 a.m. and legal guardian must be present for enrollment process.

What is unique about the Adolescent Partial Program?

The Adolescent Partial Program specializes in the mental health treatment of adolescents. We have specific expertise in:

- LGBTQ+ affirming treatment
- Adjustment-related issues
- Mood disorders
- Life-stage concerns that are common in teens



We utilize our Resiliency Treatment Concept which is a model unique to the Young Adult and Adolescent programming at Butler which informs the way we deliver care across our services.

How do I register for the program?

Self-referrals are common and welcome. Referrals from healthcare professionals are optional. Services are covered by most health insurance plans, and we are happy to assist you with reviewing your coverage options.

To start the enrollment process or to get help determining which of our many programs might be best for you, contact our Behavioral Health Services Call Center at **1(844) 401-0111**.

For more information, use your smartphone's camera to scan the QR code, or go to:
www.Butler.org/Adolescent-Partial-Program



BUTLER
HOSPITAL