



ROSE ADHERENCE SCALE
SESSION C: MANAGING RELATIONSHIPS

Date of scale completion: _____

Clinic: _____

Interventionist: _____

Group: Yes ☐ No ☐

If yes Number of women in session: _____

Date of session: _____

Session by Session Adherence to Protocol Scale:

Adherence: For each item, place an X next to tasks that occurred in the session and put an O next to tasks that didn't. This is an assessment of the intervention, not you. We are trying to understand how the intervention happens in real-world settings, so please be honest. It is important for the study to have an accurate picture of what actually happened in each session.

- _____ 1. Reviews previous session and homework.
- _____ 2. Emphasizes the importance of support in the postpartum period
- _____ 3. Provides psychoeducation on relationships.
Includes types of disputes
- _____ 4. Provides psychoeducation on assertiveness.
Includes handouts on remembering your rights, tips for asking for help, golden rules
- _____ 5. Demonstrates and role-plays communication skills.
- _____ 6. Provides homework assignment on assertive requests.