PeaceLove workshops use simple, creative activities to help get out what you’re feeling, even if you have no idea what it is yet.

**LEARN MORE:** PeaceLove.org

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**MANDALA POETRY**
Learn how to clear your mind and use mandalas to find your center. Afterwards, you’ll put your experience into words through poetry.

**DUAL EMOTIONS**
In this workshop you’ll create a piece of art that depicts a time you felt two different emotions at the same time, and how it made you feel.

**TRANSFORMATION COLLAGE**
In this workshop you’ll identify something you’d like to change, and depict that transformation through collage.

**STORY SHOES**
What’s it like to walk in your shoes? In this workshop you’ll share your unique journey, and learn about the paths of individuals in your community.

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**More Details**

These workshops will meet at the Women & Infants Oncology Program office located at 668 Eddy Street, Providence. For information on upcoming workshops, including dates and times, please contact Nike Kendall at (401) 430-7106 or by email at NKendall@wihri.org.