COMMUNITY RESOURCES

Housing

Rhode Island Coalition for the Homeless
1070 Main St, Suite 304, Pawtucket, RI 02860
Office line: (401) 721-5685
info@rihomeless.org

The Coordinated Entry System ensures that our most vulnerable neighbors have access to shelter and housing, funded by the Consolidated Homeless Fund, the Continuum of Care, and the Emergency Solutions Grants.

For shelter call our help line at 401-277-4316
M - F: 9am – 9pm
Holidays & Weekends: 2pm – 9pm
We currently serve the following languages:
English, Spanish, Portuguese, & Haitian Creole

Crossroads
160 Broad Street
Providence, RI 02903
401-521-2255
information@crossroadsri.org

Mental Health

BH Link
BH Link is a behavioral health facility designed to provide immediate assistance to a person in crisis by providing innovative crisis intervention and connecting people to ongoing treatment and care. Services are provided by our professional team of registered nurses, counselors, psychiatrists, phone screeners, and peer specialists. Our clinicians will listen to clients’ concerns and take the necessary steps to get people through their crisis, and help make connections to longer term services if needed.

Primary components:
BH Link Hotline (414-LINK; 414-5465): a one-stop, statewide 24/7 call-in center that connects people to appropriate care and resources when they or someone they care about is experiencing a behavioral healthcare crisis.

BH Link Triage Center: a 24/7 community-based walk-in/drop-off facility where clinicians connect people to immediate, stabilizing emergency behavioral health services, and long-term care and recovery support.
**Kids Link**  
*Behavioral Health Triage Service and Referral Network for Children and Youth*

Kids’ Link RI™ is a behavioral health triage service and referral network. A program offered in collaboration with Gateway Healthcare, Lifespan, Hasbro Children’s Hospital and Bradley Hospital, Kids’ Link RI is available 24 hours a day, seven days a week to help triage children and youth in need of mental health services and refer them to treatment providers.

The free, confidential phone line, 1-855-543-5465, connects parents and caregivers to an experienced clinician that can help them access children’s services in Rhode Island and determine the best place to go for treatment and counseling.

Contact Kids’ Link RI™ if your child is:

- Feeling excessive anger or sadness
- Lashing out at siblings, friends, and adults
- Having behavior problems at school
- Having severe worries
- Hurting himself/herself or others

**NAMI Rhode Island**  
154 Waterman St., Ste 5B  
Providence, RI 02906  
(401) 331-3060  
http://www.namirhodeisland.org

**United Way of Rhode Island 211**  
United Way’s 211 is a free and confidential resource. Consumers can find assistance with a variety of needs, from benefits, food, and childcare to gambling addiction, cyber security, and health insurance. Give them a call or visit their walk-in center.

Telephone: 2-1-1  
Website: uwri.org/get-help-2-1-1

**National Suicide Prevention Lifeline**  
Telephone: 800-273-8255

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**Women & Infants Lactation**

**In-Patient Lactation Services**  
Our team of Certified Lactation Consultants see all breastfeeding and lactating families during their postpartum stay. Whether your goal is to both breast and bottle feed, exclusively pump, or exclusively breastfeed, our team will work with you to develop a foundation of skills needed for when you take your baby home.

**Out-Patient Lactation Services**  
All families are welcome to return for private follow up sessions with our Certified Lactation Consultants. Appointments can be made with a Lactation Consultant before your postpartum discharge, or by calling the Warmline 1-800-711-7011. Most insurance companies will cover some or all of the charge for lactation visits.
Women, Infants and Children (WIC) Services

WIC benefits provide you and your child with one-on-one nutrition counseling, referrals with services you may need, and a food prescription to meet your needs and a food prescription to meet you and your child’s specific needs. As long as you are in the WIC program, we will meet with you to celebrate the steps in your child’s growth and learning. Women who apply early in their pregnancy are more likely to have a healthy baby. Children who stay on WIC until the age of five are better prepared and more likely to succeed in school.

Who we help
Eligible women who are pregnant, breastfeeding a child under one year old, postpartum women who delivered a baby within six months, children birth to five years old and their caregivers (moms, dads, grandparents, foster parents, or guardians).

Where to apply for Women, Infants and Children (WIC) Services
Visit https://health.ri.gov/find/services/detail.php?id=44
Or scan the QR code with your phone’s camera.

The Supplemental Nutrition Assistance Program (SNAP)
• Provides low-income individuals and families with resources to purchase food
• Based upon income, resources, and the number of individuals in a household
• Provides nutrition assistance in the form of an Electronic Benefit Transfer (EBT) card which must be used at participating food stores
• Department of Human Services Food Access Project provides a pilot program for SNAP recipients who meet certain criteria

To get SNAP benefits, you would need to:
1. Apply online, by mail, or in person
2. Meet certain eligibility requirements
3. Provide the required documentation
4. Have an interview with the department
You may designate another person as an authorized representative acting on your behalf through application in writing.
The RI Department of Human Services administers this federal program in Rhode Island determining eligibility and authorizing benefits for low-income households in need.

Regional Family Centers
Open Monday - Friday
Providence
206 Elmwood Ave
Providence, RI 02907
Phone: 1-855-697-4341
Fax: 401-415-8349 or 401-415-8557
Open Monday- Friday (By phone only)
Pawtucket
249 Roosevelt Avenue
Pawtucket, RI 02860
Phone: 1-855-697-4347
Fax: 1-401-721-6659
Open Monday - Friday

Food

The Providence Rescue Mission
627 Cranston Street
Providence, RI 02907
Phone: (401)274-8861
Chapel and Dinner: Open Daily 5:00 pm
Emergency Shelter: Open Daily Arrival No Earlier than 3:45 pm
Food Pantry: Fridays 1:00 pm
Clothing Distribution: Saturdays 10:30 am to 12:30 pm

Rhode Island Community Food Bank
200 Niantic Ave, Providence, RI - (401) 942-6325
Hours: Monday - Friday: 8am - 5pm

Amos House
460 Pine Street, Providence, RI 02907
401-272-0220
In order to maintain health standards during the COVID-19 crisis, all meals are currently served to-go.
Monday - Friday
Breakfast 7:00am - 8:00am
Lunch 11:00am - 12:30pm
Saturday*
Lunch 11:00am - 12:00pm
*We are closed the first Saturday of each month

CAPP’s Food Pantry
Food Distribution/Pickup: 807 Broad Street, Providence, RI 02907
Wednesdays 10:00 am-2:00 pm (Seniors and Disabled residents can arrive at 9:30 am)
For more information contact:
Kymara, Food Pantry Coordinator, at 401-273-2000 x 302

We Share Hope and Hope Market
310 Bourne Avenue – Bldg 70
Rumford, RI 02916
401-638-HOPE
info@wesharehope.org

Farm Fresh Winter Market
https://www.farmfreshri.org/programs/farmers-markets/wintertime-farmers-markets/
Saturdays: 9am-1pm
10 Sims Ave, Providence, RI 02909

Mount Hope Farm
https://www.mounthopefarm.org/community-programs/farmers-market
7 Days a week: 7 am - 2 pm
250 Metacom Avenue (Route 136)
Bristol, RI 02809
Parking is available in the lot behind the barn
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Who we help

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Where to apply for Women, Infants and Children (WIC) Services

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The Supplemental Nutrition Assistance Program (SNAP)

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To get SNAP benefits, you would need to:
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You may designate another person as an authorized representative acting on your behalf through application in writing. The RI Department of Human Services administers this federal program in Rhode Island determining eligibility and authorizing benefits for low-income households in need.

Regional Family Centers
Open Monday - Friday

Providence
206 Elmwood Ave
Providence, RI 02907
Phone: 1-855-697-4341
Fax: 401-415-8349 or 401-415-8557
Open Monday - Friday (By phone only)

Pawtucket
249 Roosevelt Avenue
Pawtucket, RI 02860
Phone: 1-855-697-4347
Fax: 1-401-721-6659
Open Monday - Friday

Woonsocket
800 Clinton Street
2nd Floor, Suite 201
Woonsocket, RI 02895
Phone: 1-855-697-4347
FAX: 1-401-768-3131

Warwick
195 Buttonwoods Avenue
Warwick, RI 02886
Phone: 1-855-697-4347
FAX: 1-401-736-1442
or 1-401-736-1443
Open Monday - Friday

South County Regional Family Center
4808 Tower Hill Road, Suite G1
Wakefield, RI 02879
Phone: 1-855-697-4347
FAX: 1-401-782-4316
Open Monday - Friday

Newport Regional Family Center
31 John Clarke Road
Middletown, RI 02842
Phone: 1-855-697-4347
FAX: 1-401-619-7201

or 1-401-736-1443
Open Monday - Friday

Woonsocket
800 Clinton Street
2nd Floor, Suite 201
Woonsocket, RI 02895
Phone: 1-855-697-4347
FAX: 1-401-768-3131

Warwick
195 Buttonwoods Avenue
Warwick, RI 02886
Phone: 1-855-697-4347
FAX: 1-401-736-1442
or 1-401-736-1443
Open Monday - Friday

Newport Regional Family Center
31 John Clarke Road
Middletown, RI 02842
Phone: 1-855-697-4347
FAX: 1-401-619-7201
Chocolate Milk Café RI- Journ3i  
Mount Hope Community Center/Our Journ3i  
199 Camp Street  
Providence, RI 02906  
Call us: 401-307-1882  
https://www.journ3i.com/chocolatemilkcaferi

All meetings will be held virtually. If you have any questions, please contact: rhodeisland@chocolatemilkcafe.com;  
If you would like in-home lactation support please contact journ3i@gmail.com for a lactation counselor.

Clinica Esperanza  
Free Clinic for the Uninsured  
60 Valley Street, Suite 104, Providence, RI (401) 347-9093  
Monday- Friday: 9:00 am to 9:00 pm  
Saturday: 8:00 am to 1:00 pm  
COVID-19 Testing Hours:  
Monday - Friday: 10:00 am to 2:00 pm

Community Action Partnership of Providence County (CAPP)  
518 Hartford Avenue  
Providence RI 02909  
(P) 401-273-2000  
(F) 401-273-2007

Dorcas International Institute  
401-784-8600 | info@diiri.org  
North Campus: 220 Elmwood Avenue, Providence, RI 02907  
South Campus: 645 Elmwood Avenue, Providence, RI 02907  
(Translation & Interpretation, Clothing Collaborative, Education, Citizenship, Immigration, Refugee Resettlement, Employment)

Refugee Dream Center  
Office Hours: 9:00AM – 5:00PM (Monday – Friday)  
747 Broad Street, Providence, RI 02907  
Tel: 401-300-0544  
Adult Education, Youth Programs, Health Promotion, Case Management