

# Our Birth Partnership – Planned Cesarean Birth

At Women & Infants Hospital, we know how important it is to support your birth preferences while maintaining a safe outcome and positive experience for you and your family. We want to partner with you and your family during your pregnancy to learn about what is most important to you. We encourage you to talk with your care provider about your preferences over the course of your pregnancy, and work together to create and update your birth partnership as your delivery approaches.

My name is: \_\_\_\_\_ I prefer to be called: \_\_\_\_\_

My labor support people are: \_\_\_\_\_

I plan to have this person in the OR with me for delivery: \_\_\_\_\_

My doctor/midwife is: \_\_\_\_\_ My baby's doctor is: \_\_\_\_\_

During my labor and birth, these things are important to me: \_\_\_\_\_

These are the things I am worried about: \_\_\_\_\_

These are the cultural, religious, or personal preferences that are important to me: \_\_\_\_\_

The things that help me relax include: \_\_\_\_\_

These things are important to me after delivery: \_\_\_\_\_

My infant feeding plan is: \_\_\_\_\_

In the operating room, I would be interested in the following:

- My support person having skin-to-skin contact with my baby if I am unable to do so
- Bringing my own music
- Dimmed room lights with the exception of the OR lights for my obstetrician
- My support person cutting (trimming) the umbilical cord
- Taking part in a private cord banking program

Name of program: \_\_\_\_\_

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

We look forward to caring for you and your family during you labor, delivery, and postpartum period. For more information, visit [womenandinfants.org/HavingABaby](http://womenandinfants.org/HavingABaby).