

New Patient Surgery Intake Checklist

CNE Breast Health Center Gender-Affirming Care

The following must be completed prior to scheduling an initial consult.

Once complete, please send to the Breast Health Center Navigator by fax to 401-736-4519. Please include your full legal name, preferred name and date of birth when sending this form back. If you have questions, please call 401-736-3737.

Referral Requirements Letters

- One letter from your **medical provider** (must be an MD, NP, or PA). The letter should follow the sample format included in this packet. (If preferred an electronic packet can be emailed to you on request.)
- One referral letter from your **licensed mental health provider**. For those with no access to a mental health provider able to perform this assessment, we can provide referrals for available professionals.

Medical requirements for chest surgeries

- Documented body mass index (BMI) < 35
This can be included in medical records from a recent doctor visit or in your medical clearance letter (see below)
- For patients seeking masculinizing chest surgery who are age 40 or older, mammogram in the past year
- For patients seeking breast augmentation, documentation of *consideration* of estrogen therapy*
(The CNE Breast Health Center surgeons do not require a trial of prior hormone therapy, however if you prefer to use medical insurance coverage for your procedure, please review your own specific policy as many insurance companies- including BCBS of RI and RI Neighborhood Health Plan- do require 12 months of hormone therapy.)

Insurance Information

Name of Insurance Company: _____

Insurance Member ID Number: _____

Insurance Phone Number for Providers/Billing: _____

Please check with your insurance if Kent Hospital is considered in-network for your plan.

- If not in-network, you need to check if your plan has out of network benefits, and obtain authorization for out-of-network care

Please check with your insurance if a referral & authorization are needed from your primary care provider (PCP) for a specialist consultation with the surgeon. If yes, ask your PCP to send the referral to *Breast Health Center at Kent*; CPT codes for office visit consultation: 99244 and 99245

After your initial consultation, the doctor will recommend specific procedures/surgeries. At that time, you can check your insurance for coverage and requirements for those specific procedures.