

# The Center for Surgical Weight Loss at Care New England

## *What are the next steps?*

1. Attend an informational seminar (check [carenewengland.org/bariatric](http://carenewengland.org/bariatric) for schedule)
2. Call the office to schedule an initial consultation with the surgeon. The office can be reached at 401-736-3731.
3. At your initial surgical consultation we will:
  - a. Make sure you meet surgical criteria.
  - b. Get your medical history.
  - c. Perform a physical exam.
  - d. Discuss your options.
  - e. Answer your questions.
  - f. Start the evaluation process.
4. Check insurance eligibility or arrange for payment.
5. \*Pre-operative testing
  - a. Blood work
  - b. EKG
  - c. Gallbladder ultrasound
  - d. Endoscopy
  - e. Medical clearance by your primary care physician
  - f. Cardiac evaluation
  - g. Sleep apnea testing
  - h. Psychiatric evaluation
  - i. \*\*Nutrition counseling

\*This step can take several months to complete depending on your schedule and the requirements of your insurance plan. Other tests may be necessary.  
\*\*We require three visits but your insurance plan may call for more.
6. Second Surgical Evaluation (Pre-op Appointment)
  - a. Review test results.
  - b. Review surgical options.
  - c. Discuss the risks.
  - d. Answer any of your questions or concerns.
  - e. Complete the informed consent process.
7. Pre-op nutrition evaluation - The nutritionist will provide you with a two-week preop diet and review the vitamins.
8. Receive a date for surgery
9. Preadmission testing at the hospital
10. Your surgery day

## CARE NEW ENGLAND

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WOMEN & INFANTS HOSPITAL • VNA of CARE NEW ENGLAND • CNE WELLNESS CENTER

[carenewengland.org/bariatric](http://carenewengland.org/bariatric)