1. Attend an informational seminar (check carenewengland.org/bariatric for schedule)
2. Call the office to schedule an initial consultation with the surgeon. The office can be reached at 401-736-3731.
3. At your initial surgical consultation we will:
   a. Make sure you meet surgical criteria.
   b. Get your medical history.
   c. Perform a physical exam.
   d. Discuss your options.
   e. Answer your questions.
   f. Start the evaluation process.
4. Check insurance eligibility or arrange for payment.
5. *Pre-operative testing
   a. Blood work
   b. EKG
   c. Gallbladder ultrasound
   d. Endoscopy
   e. Medical clearance by your primary care physician
   f. Cardiac evaluation
   g. Sleep apnea testing
   h. Psychiatric evaluation
   i. **Nutrition counseling
   *This step can take several months to complete depending on your schedule and the requirements of your insurance plan. Other tests may be necessary.
   **We require three visits but your insurance plan may call for more.
6. Second Surgical Evaluation (Pre-op Appointment)
   a. Review test results.
   b. Review surgical options.
   c. Discuss the risks.
   d. Answer any of your questions or concerns.
   e. Complete the informed consent process.
7. Pre-op nutrition evaluation - The nutritionist will provide you with a two-week preop diet and review the vitamins.
8. Receive a date for surgery
9. Preadmission testing at the hospital
10. Your surgery day

CARE NEW ENGLAND
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